



## PERSONAL ASSISTANCE SERVICES COUNCIL

Supporting and Enhancing Independence

### PASC Training Series: Eat Smart



Please join us for a discussion about what you can do to manage high cholesterol and keep it under control.

Presented by Angela Ayala-Reyes with SCAN

Please register in advance

[Register Here](#)

**Password: #Pasc1**

*PASC strives to improve In-Home Supportive Services, support independence, and enhance the quality of life for all who receive and provide IHSS.*

Date: **Thursday, March 6, 2025**

Time: **11am—12:30pm**

Location: **Zoom**

If you want to dial in, please call **(669) 900-9128**

**Webinar ID: 864 2873 9549**

**Passcode: 131964**

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