Sample Task Schedule

In each corresponding box, write down the time the task must be completed and add any special instructions.

TASKS	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Instructions
Personal Care								
Assist with Medications								
Wheelchair Assistance								
Eating/Feeding								
Ambulating/Moving								
Bathing/Bed Baths								
Dressing								
Grooming								
Dental Care								
Bowel/Bladder Care								
Menstrual Care								
Lift/Transfer								
Rub Skin/ Skin Care								
Repositioning								
Sterile Procedures								
Accompany to Medical Appointments								
Protective Supervision								
Range of Motion Exercises								

TASKS	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Instructions
Household Care								
Dusting								
Cooking								
Empty Trash								
Meal Preparation								
Meal Cleanup								
Ironing/Laundry								
Making Beds								
Shopping								
Errands								
Vacuuming								
Paramedical Services								
Catheter Care								
Diabetic Testing								
Medical Injections								
Oxygen Monitoring								
Suctioning								
Tracheostomy Care								
Tube Feeding								
Ostomy/Stoma Irrigation								
Ventilator Care								
Prosthesis Care								
Bowel Program								