In-Home Supportive Services (IHSS) Overview & Sustainability

Listening Session

October 31, 2019

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Adult Programs Division
California Department of Social Services
IHSS

• Is an entitlement program.
• Serves income-eligible individuals age 65 and older, blind, and/or disabled.
• Affords recipients the ability to remain safely in their own homes/communities in lieu of institutionalization.
• Services are recipient directed. Recipient selects, hires, and manages their care/provider.
• Nearly 70% of providers are family members – unique model to California.
IHSS Philosophy & Program Purpose

Philosophy
• Participant-directed
• Recipient-choice
• Independence within home/community

Purpose
• Enables income-eligible aged, blind, and/or disabled adults and children to remain safely in their homes and communities
IHSS Partnership

The administration of IHSS includes a complex partnership of the following entities:

- Recipients
- California Department of Social Services (CDSS)
- Counties
- Providers
- County Public Authorities
- Department of Health Care Services (DHCS)
- Program Advocates
- Labor Unions
Roles and Responsibilities

The Administration of IHSS:

• CDSS Oversight
  • Timesheet Processing Facility

• County Operations
  • Social Workers
  • Payroll/ Clerical

• Recipients
  • Hire, train, and manage care/providers

• Providers
  • Assist recipients in tasks and services to help them live safely in their own homes
IHSS Budget

• Today:
  • 98% of the IHSS caseload receives federal funding
  • Federally funded programs:
    • Personal Care Services Program (PCSP) and IHSS Plus Option (IPO) receive 50% federal funds
    • Community First Choice Option (CFCO) receives 56% federal funds
  • Less than 2% of the IHSS caseload is state-and-county funded through the IHSS Residual (IHSS-R) program
IHSS Budget

• The IHSS budget for FY 19-20 is $13.3 billion:
  • $8.8 billion federal/county reimbursement
  • $4.5 billion state general fund
IHSS Recipients

• IHSS is made up of approximately 610,457 recipients – IHSS recipients represent:
  ➢ 61.7% entered IHSS as disabled
  ➢ 36.8% entered IHSS as aged
  ➢ 1.5% entered IHSS as blind

• Of the 610,457 recipients:
  ➢ Minor Child Cases: 7.5%
  ➢ Protective Supervision Cases: 8.8%
610,457 IHSS Recipients

- 15.2% are 85 years of age or older
- 40.3% are ages 65-84
- 36.9% are ages 18-64
- 7.5% are ages 0-17
Programs in IHSS
(CMIPS Data, September 2019)

• Community First Choice Option (CFCO)
  o 268,738 recipients

• IHSS Plus Option (IPO)
  o 15,486 recipients

• Personal Care Services Program (PCSP)
  o 311,250 recipients

• IHSS-Residual (IHSS-R)
  o 12,978 recipients
IHSS Providers

IHSS is also made up of approximately 522,551 providers:

**Live-in Providers**
- Live-in Providers: 53.8%
- Live-in Relatives: 45.8%

**Relative, Spouse, or Parent Providers:**
- Relatives: 69.9%
- Spouse: 4.6%
- Parent: 17.5%
IHSS Program Services

- Personal Care Services
- Domestic and Related Services
- Protective Supervision
- Paramedical Services
- Time-Limited Services
Average Service Hours Received by Recipient

107.6 hours of services per month

- 48.3% - Personal Care Services
- 34.2% - Domestic and Related Services
- 14.4% - Protective Supervision
- 3.1% - Paramedical Services
Notable IHSS Program Trends

- Growth in population 85 and older
- More female program participants than men
- Average hours per caseload is growing
Program Growth/Challenges

❖ Rapid Growth
  • Aging baby boomers
  • Medical Advances leading to longer lifespans

❖ Caregiver Workforce Demands

❖ Workforce Demands for Program Operations

❖ Increasing Costs
  • Caseload
  • Wages
  • Authorized Hours
Caseload Data

- Caseload for Past 10 Years
- Projected Growth:
  - Caseload
  - Wages
  - Authorized Hours
The Future of IHSS
California’s Older Adult Population in 20 Years
Projected IHSS Caseload

10-year Projection

<table>
<thead>
<tr>
<th>Fiscal Year</th>
<th>Average Monthly Caseload</th>
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<tbody>
<tr>
<td>2020-21</td>
<td>586,390</td>
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<tr>
<td>2021-22</td>
<td>614,247</td>
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<tr>
<td>2022-23</td>
<td>643,427</td>
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<tr>
<td>2023-24</td>
<td>673,994</td>
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<td>706,013</td>
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<td>2025-26</td>
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<td>2026-27</td>
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<td>2027-28</td>
<td>811,488</td>
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<td>2028-29</td>
<td>850,039</td>
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<tr>
<td>2029-30</td>
<td>890,421</td>
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<tr>
<td>2030-31</td>
<td>932,721</td>
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Average Monthly Caseload

59.06% Increase
Projected IHSS Cost

10-year Projection

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<thead>
<tr>
<th>Fiscal Year</th>
<th>Services and Administration Total Cost (amount are in 000's)</th>
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<tbody>
<tr>
<td>2020-21</td>
<td>$13,802,985</td>
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<td>2021-22</td>
<td>$14,651,643</td>
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<td>2030-31</td>
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Services and Administration Total Cost
(Amounts are in billions)

2029-30: $23.6  2030-31: $25.1

81.76% Increase
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<tr>
<th>Location</th>
<th>Date</th>
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<tbody>
<tr>
<td>Berkeley</td>
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<td>Central Valley</td>
<td>December 2019</td>
</tr>
<tr>
<td>Los Angeles</td>
<td>January 2020</td>
</tr>
<tr>
<td>Northern region</td>
<td>January 2020</td>
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Upcoming Master Plan for Aging Meetings

**Stakeholder Advisory Committee**
- November 4, 2019
- December 18, 2019
- January 21, 2020
- May 28, 2020

**Long Term Supports and Services Subcommittee**
- November 12, 2019
- December 4, 2019
- December 5, 2019

**Research Subcommittee**
- December 10, 2019
Q&A